

Millennial Dance Complex

Yaw Theater

October 9th and 10th

7:30pm

Choreographed and Performed by Sara Caplan and Anja Kellner-Rogers

Music:

Losing my Edge by LCD Sound System

Young and Beautiful by Lana Del Rey

Hypnotize by The Notorious B.I.G.

In the Air Tonight by Phil Collins

Eye of the Tiger by Survivor

Don't Dream it's Over by Crowded House

Light Dark Light by Fred Again and Angie McMahon

Music Editing: Hannah Suh

Technical Director: Stella Kutz

Artist Bios:

Sara Caplan (she/her) is a Seattle-based performer, choreographer and teacher originally from Dedham, MA. She received her Master of Fine Arts in Performance and Choreography from the College at Brockport, State University of New York. She has performed in works choreographed by Laura Peterson (NY), Maura Keefe, Kendra Portier, Mariah Maloney, Beth Gill, Elise Beers AachixQaaduug, Lucille Jun, Bri Wilson, Shenandoah Harris, Madeleine Gregor, Anja Kellner-Rogers, Nicole Loeffler-Gladstone, and C. Asa Call. She has presented concert works and site-specific works at various theaters and urban venues in Pennsylvania and New York. Sara has presented works virtually and in-person in Seattle in Soft Concrete III, the Fremont Fringe Festival, KSD & Kin and 12 Minutes Max. She has danced with Karin Stevens Dance since 2022, and Good Grl Co. under the direction of Madeleine Gregor since 2025. Sara currently teaches modern dance at Creative Dance Center and ballet and contemporary dance at Rainier Dance Center.

Anja Kellner-Rogers (she/her) is a dance artist, choreographer, performer and yoga teacher who has called Seattle home for 13 years. Originally from Ithaca, NY, she studied dance at The College at Brockport and Ithaca College, where she earned a B.S. in Exercise Physiology. She has performed in works by David Dorfman, Bill Evans, Juanita Suarez, KT Niehoff, Alyza DelPan-Monley, Alice Gosti, Kimberly Holloway, Shannon Stewart, Noelle Chun, Adriana Hernandez, Timothy Johnson, Jamie Waliczek and Sara Caplan. Anja has been a company member with Karin Stevens Dance since 2015. Her choreographic work has been presented in Seattle through 12 Minutes Max, KSD & Kin and 8x8. Outside of dance and yoga, Anja loves to cook and frolic in nature. It's rare to find her without a dog by her side, and that's the way she likes it.

WITH GRATITUDE

A huge thank you to everyone who donated to help make this project happen. We're incredibly grateful for your generosity, encouragement and belief in this work.

SUPPORT THE PROJECT

We're still raising funds to help cover the costs of creating and presenting this work. If you'd like to support the project, you can donate through our **GoFundMe**. Every contribution, big or small, makes a difference and directly supports everyone involved in the project.

Thank you for attending and supporting independent dance!



Photo by Trisha Mark